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Land snailsOverviewHelicidae is a family of air-breathing land snails, terrestrial pulmonate gastropod mollusks in the superfamily Helicoidea. These snails are widely recognized for their often coiled shells and are some of the most familiar of all terrestrial mollusks.TaxonomyKingdom : AnimaliaPhylum : MolluscaClass : GastropodaSuperfamily : HelicoideaFamily : HelicidaeKey CharacteristicsShell : Most have coiled, often spherical to a slightly flattened shell.Size : Size varies significantly depending on the species.Body : Soft, muscular body capable of retracting into the shell.Respiration : Air-breathing through a lung-like pallial cavity.Tentacles : Two pairs, with the upper pair bearing eyes.Life CycleReproduction : Hermaphrodite, possessing both male and female reproductive organs, but generally engage in cross-fertilization.Eggs : Lay clusters of eggs in moist soil.Development : Eggs hatch into tiny juvenile snails that closely resemble adults.Lifespan : Ranges from a couple of years to over a decade depending on the species and environmental conditions.Behavior and EcologyHabitat : Found in a variety of terrestrial environments, including forests, grasslands, gardens, and sometimes urban areas.Diet : Primarily herbivorous, feeding on a variety of plant materials, fungi, and decaying organic matter.Behavior : Generally slow-moving and often nocturnal to avoid daytime predators and desiccation.Notable SpeciesHelix pomatia : Known as the Roman snail or Burgundy snail, considered a delicacy in European cuisine.Helix aspersa : Known as the garden snail, common in gardens and agricultural areas, and also used in escargot.ConservationWhile many species within Helicidae are not currently considered at risk, habitat destruction and the use of pesticides can threaten local populations. Conservation efforts focus on habitat preservation and sustainable land-use practices.Significance to HumansHelicidae snails, especially species like Helix pomatia and Helix aspersa, are significant as a food source (escargot). They also play important roles in their ecosystems as decomposers. In some areas, they are considered pests due to their feeding on crops and garden plants.Fun FactsSleep : Some land snails can hibernate for extended periods to survive unfavorable conditions.Mucus : Their mucus has been studied for various potential medicinal properties.Reproduction : Known for their "love darts" used during mating, which facilitate sperm transfer.Size Variation : While some species can be quite small, others like the Roman snail can reach impressive sizes.Subscribe to the newsletterHelix aspersa Muller, commonly known as the Garden snail, the Brown Garden snail, or the Brown grape snail, is the species of land snail most used as a food resource and as a component of dermatological substances (cosmetic creams).Garden snails have become extremely popular due to their high prolificacy and ability to adapt to temperate climates, presenting a varied polymorphism in its shell: shape, size, color, and thickness of its shell.If you are thinking of breeding Helix aspersa, or simply want to learn more about these land snails, you have come to the right place. In this guide, I gathered everything that is currently known about Garden snails, how to care for them even in small tank setups.Quick Notes aboutGarden SnailNameGarden snailOther NamesBrown garden snail, Brown grape snail, The Gray Garden snail, Small Gray snail, Petit gris or la ZigrinataScientific NameHelix aspersa Miller TypeTerrestrial Tank size (minimum)AnyKeepingEasyBreedingEasySize1.2 to 1.4 inches (3 to 3.5 cm)Optimal Temperature60 to 74 F (15 to 24 C)Optimal Humidity70 to 90%SubstrateDeep enough to buryDietHerbivore / detritivoreTemperamentPeacefulLife spanup to 5 yearsColor FormBrown to grayInteresting fact: According to the study, snail mucus is composed of bioactive compounds that have different biological properties for the treatment of some skin problems. Therefore, slime from the Helix aspersa is used in many pharmaceutical and cosmetic products.Distributionof Garden SnailHelix aspersa Muller was described in 1774 by the Danish naturalist Otto Friedrich Miller, based on specimens found in Italy.This snail species is considered to be native to the French and Spanish coasts of the Mediterranean Sea. Nowadays, these little snails are present almost all over the world due to intentional distribution as an edible delicacy and accidentally with vegetables and fruits that were imported from the Mediterranean countries.Note: Helix aspersa Muller is the most popular snail species on the market. It takes around 70% of the world market.Description of Garden SnailHelix aspersa Muller is the terrestrial gastropod mollusk.This is a relatively small snail. In the adult phase, its size ranges from 2 to 4 cm (0.8 to 1.2 inches) with an average diameter of about 1.2 to 1.4 inches (3 to 3.5 cm) for a weight of about 0.5 to 0.6 oz (15 to 17 g).The shell has 4 to 5 flattened whorls and may acquire a grey hue.Interesting fact: Generally, these snails almost do not grow when they start reproducing and after the development of a thickened lip at the shell aperture, the so-called peristome.Lifespan of Garden SnailUnder optimal conditions and proper care, the average estimated longevity of Helix aspersa is between 2 and 5 years. Typical Behavior of Garden SnailThese snails are absolutely non-aggressive and docile by nature. Garden snails have only their operculum and shell for protection from aggressors.They live in a colonial culture and can be considered social.Helix aspersa isa highly nocturnal species. Generally, these snails emerge from their hiding places to rehydrate and forage after dark and are capable of substantial active movements.Once they had fed, snails returned to the resting area, repeating this routine several times during the night.This nocturnal behavior is very common for grazing invertebrates and is mainly associated with attempting to avoid visual predators whilst feeding.These land snails are classified assecondary burrowers. It means that they do not rely on burrows and do not spend all of their time there.However, if the environment is not optimal (for example, if the temperature drops below the comfort range), Garden snails can burrow and fall into hibernation. When Garden snails burrow, they do not move under the substrate.Features:Multiple:YesActive:YesPeaceful:YesBurrowers:YesDiet of Garden SnailHelix aspersa has traditionally been regarded as generalist herbivores taking a wide variety of plants from the environment. This species is capable of eating a wide variety of living and dead plants and of adjusting its diet to the availability of food items.Nonetheless, according to social studies, Garden snails also showed different levels of preference for the different components of their diet.For example, in observations of snails feeding upon 24 plant species, the most frequent foods in the diet of Helix aspersa were:Frugaria vesca (17.28%),Gramineae (15.96%),Trifolium angustifolium (12.24%),Hieracium pilosella (10.2%),Eryngium campestre (7.32%) andCarlinia corymbosa (7.2%).Does it mean that these 6 plants are the only food they will eat? No, it does not. The diversity of the snails diet also showed seasonal variation with the maximum in the autumn months.In captivity, Helix aspersa is often fed on leaves of various cereals, vegetables and fruits such aslettuce leaves,cabbage,cucumbers (one of the most favorite snail food),carrots,bamboo twigs,onions,fruits and leaves of apple,apricot,artichoke,barley,beans,cloves,cauliflower,celery,celery root,clover,dandelion,hibiscus,lily,magnolia,mulberry,nasturtium,nettle,oat grains,parsley,peach,ripe pears,petunias,plums, potatoes (raw and cooked),pumpkin,radishes,sorrel,spinach,wheat, etc.Note: Feeding Garden snails with organic supplies implies an increase significant in labor costs, caused by the food supply, removal of waste, and constant cleaning.Important: Like all other species of snails, Helix aspersa love to eat calcium-rich food.Calcium plays a huge role in snails. Calcium is needed for several vital life processes in snails, the most obvious being the formation of shells. The shell of a garden snail is basically made of calcium carbonate. Therefore, supplementing them with calcium is a necessity if you want them to be happy and healthy.Calcium can be found incuttlebones,eggshells,naturalchalk,wonder shells,oyster shells,kale,broccoli,spinach, etc.Note: Be careful with mineral stones. They can have salt, so check the ingredients, if it is possible.For better and faster consumption, you need to ground them to dust and use them as supplements during feeding. Calcium should not contain harmful substances to harm snails. Tip: Mix calcium with wet bran or mash potatoes. This will prevent it from rotting on contact with the ground.Foods to AvoidDo not ever give Helix aspersa:acidic,salty,spicy,fried,smoked,sweets (like candy),flour (including bread).Snails also avoid plants that release chemicals or have protective hairs on the stem, etc.Note: According to the study, Garden snails are able to detect concentrations of Zn in the diet and reduce their food intake if contamination is too high.Rules of Diet in Captivity forGarden SnailsSnails usually prefer juicy and vegetables to dry ones.Fruits are often perishable products that go into rot quickly. To prevent contamination, leftover feed should be removed at least weekly.The recommended diet: 20% wheat bran and 80% fruit and plant material.Snailsneed diversity in food.Do not give them the same food all the time. Change their diet periodically.Snails should always have food at their disposal, especially, young ones. They need a lot of food to grow. Without food, they will lose more than a third of their weight before they starve to death. Generally, it takes 8 to 12 weeks. However, in the hibernated state they can survive without food for almost a year.Snails should always have water. Depending on the temperature, without daily rehydration, they will lose 10-15% of their mass in 2-3 days.Calcium must be added at least once a week. Especially, if it is not available in sufficient quantities in the soil. You can also read my article:Feeding Guide for African Giant Land SnailsKeepingand HousingGarden SnailHelix aspersa is an adaptable species and can thrive in many situations. At the same time, their soft tissues are also highly susceptible to any kind of contamination because their skin has the capability to bio-accumulate metal contaminants.Therefore, to successfully breed these terrestrial gastropods we still need to address their core needs. Here are some care guidelines to help you out:Enclosure Type (Tank Size)Enclosure type will depend on how many snails and where you are going to keep and breed Helix aspersa.For example, you can easily start with the reusable plastic boxes as snail as 8x8x4 inches (20x20x10 cm) for up to 20 snails. The boxes should be translucent (not transparent) to avoid too much light.Note: Snails growth becomes better faster for a long time. It will be great if your soil contains 20-40% organic. Basically, the soil should be similar to a garden soil.The parent snail digs a nest in the soil ranging from 1-3 inches in depth to deposit its eggs. Therefore, the substrate depth should be appropriate for that.Temperature:The optimal temperature range for Helix aspersa is between 60 to 74 F (15 to 24 C).Lower temperatures will decrease the activity of the snails. If the temperature drops below 43 F (or 6C), Garden snails fall into hibernation.Helix aspersa is freezing intolerant. These snails can briefly survive some ice formation in their body. Nonetheless, eventually, if the temperature drops below 32 F (0 C) death occurs by freezing the tissues.Important: Recent studies proved that for Garden snails freezing tolerance abilities also vary converse with size.Indoor hibernation of adult snails can be done only in a controlled environment. Breeders ofHelix aspersa set temperature range between 3643F (26C) and humidity around 7080%. Such conditions allow at least 80% of snails successfully survive winter.The snails easily hibernated for 100110days.Humidity:Helix aspersa is used to live inhigh-humidityenvironmentsand should not be kept in dry enclosures.Garden snails develop optimally in a humid subtropical climate.The snails maintain a constant balance between the water content in their tissues and environmental humidity, being necessary for their correct development at a level of 80% to 90%, enough to keep the snails skin moist. Levels bothDepending on the daytime, the humidity level should be between 70-90%. This level of humidity will be ideal to keep the snails skin moist.Important: Besides temperature decrease and photoperiod diminishing, low humidity is another important factor that triggers land snail snails prefer limestone or calcareous soils to facilitate the supply of calcium which they use for the formation and hardening of the shell. If you have any doubt, add some lime stone to the soil in amounts up to 10 pounds per 100 square feet.The acidity of the soil is extremely important as well. Ideally, the soil should have a neutral acidity (pH 7).Note: If the soil is too acidic, you can neutralize it with lime to make it suitable. The soil should not have too much sand or too much clay. The point is that Garden snails are not strong enough to dig hard and dry clay whereas sand cannot maintain enough moisture for a long time. It will be great if your soil contains 20-40% organic. 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