Click to verify

Alarms on your Fitbit device vibrate to gently awake or alert you at a set time. Note that alarms you set in the Alarms app on Fitbit Sense, Fitbit Sense 2, Fitbit Versa 2, Fitbit Versa 3, and Fitbit Versa 4 are separate from alarms you set with your voice assistant. For more information on using your voice assistant to set alarms, see How do I use a voice assistant on my Fitbit smartwatch? Expand allCollapse all How do I set an alarm on my Fitbit device? For Fitbit Charge 3, Fitbit Charge 4, Fitbit Charge 5, Fitbit Charge 6, Fitbit Inspire 3, Fitbit Luxe, Fitbit Sense series, and Fitbit Versa series, set alarms on your device. For all other Fitbit devices, set alarms in the Fitbit app. Fitbit devices On your device, open the Alarms app. You see your next scheduled alarms and the option to set a new alarm. Tap + New Alarm. Swipe up to see this option if you already created multiple alarms. Set the alarm: Sense 2 and Versa 4–Swipe up and down to set the alarm time. Tap am or pm. When you're done, tap the time to set it. If you want to choose additional days when the alarm should alert you, tap the alarm to edit it further. Sense and Versa 3—Swipe up and down to set the alarm time. Tap am or pm. When you're done, tap the time to set it. Charge 3, Charge 4, Versa, Versa Lite Edition, and Versa 2—Tap the time, and swipe to set the alarm time. Be sure to set am or pm. Press the back button on your device. Charge 5, Charge 6, Inspire 3, and Luxe—Swipe up and down to choose the time, and tap to select it. Tap am or pm. Choose to turn on Smart Wake. When enabled, Smart Wake attempts to find the best time to wake you starting 30 minutes before the alarm time you set. It avoids waking you during deep sleep so you're more likely to wake up feeling refreshed. If Smart Wake can't find the best time to wake you, your alarm alerts you at the set time. Alarms that use the Smart Wake setting have a different icon than the other alarms on your device. Choose the days you want to be alerted. Save your alarm: Charge 5, Charge 6, Inspire 3, Luxe, Sense series, Versa 3, and Versa 4—Swipe right to see your alarms. Charge 3, Charge 4, Versa, Versa Lite Edition, and Versa 2—Press the back button to see your alarms. Note that on Sense, Versa, Versa Lite Edition, Versa 2, and Versa 3, alarms won't go off if your device has less than 8% battery. Fitbit app From the Today tab in the Fitbit app, tap the devices icon your device. Tap Fitbit reminders & alerts Silent Alarms Set a New Alarm. Select the alarm time and frequency, and save. How do I dismiss an alarm on my Fitbit device? Your device vibrates and flashes when a silent alarm goes off. This notification repeats several times or until dismissed. If you don't dismiss an alarm, it repeats in 9 minutes. The alarm on most Fitbit devices turns off when you walk 50 steps. To dismiss an alarm: Most devices—Press the button on your device. Sense 2 and Versa 4–Tap the dismiss icon . To snooze the alarm for 9 minutes, press the button or tap the snooze icon . Inspire 2 and Ace 3—Press both buttons on your device. Charge 5, Charge 6, Inspire 3, and Luxe—Swipe up from the bottom of the screen and tap the dismiss icon . To snooze the alarm for 9 minutes, swipe down from the top of the screen or press the button(s) on Inspire 3 and Charge 6. How do I delete or turn off alarms on my Fitbit device? For most Fitbit devices, turn off alarms on your device's screen. For instructions, see On-device. If you can't adjust alarms on your device's screen, use the Fitbit app. For instructions, see Fitbit app. On-device To turn off an alarm, open the Alarms app tap the alarm turn the alarm off. To delete an alarm on Charge 4, Charge 5, Charge 6, Inspire 3, Luxe, Sense series, and Versa series, open the Alarms app tap the alarm tap the trash icon or Remove. You may need to swipe up to see this option. Fitbit app From the Today tab in the Fitbit app, tap the devices icon your device. Tap Fitbit reminders & alerts Silent Alarms. Tap the alarm you want to delete Delete Alarm Delete Alarm. SearchClear searchClose searchGoogle appsMain menu To meet certification standards, 2nd gen Nest Protect must be replaced after 10 years from the date of manufacture. When you've determined that your device needs to be replaced, you'll need to select a replacement device, uninstall your Nest Protect, and set up your replacement device. Learn more about when to replace your Nest Protect. We've partnered with First Alert, a trusted brand in fire safety, to offer the First Alert Smart Smoke & Carbon Monoxide Alarm as a compatible replacement for your 2nd gen Nest Protect when used with the Google Home app. You can learn more about this device on First Alert's website. Important: First Alert Smart Smoke and Carbon Monoxide Alarm requires the Google Home app to work with your other Nest Protect devices. Uninstall your Nest Protect Wired Turn off the power at the breaker box. Turn Protect counterclockwise to disconnect it from its backplate. Unplug the 120 V connector from the back of Protect. Unscrew the backplate. Battery powered Turn Protect counterclockwise to disconnect it from its backplate. Unscrew the backplate. Learn how to properly dispose of Nest Protect and remove Nest Protect from your account in the Nest app in our help center. After you uninstall your Protect, follow your new smoke or CO alarm's manual to install it. You can make your phone's volume louder or quieter. You can also change your ringtone, sound, and vibration. Turn your volume up or down Press a volume button. At the right, tap the Menu . If you don't find Settings, go to the steps for older Android versions. Slide the volume levels to where you want them: Media volume: Music, videos, games, and other media Call volume: Volume of the other person during a call Ring Volume Notification volume Alarm volume Tips: To have your Google Assistant change your phone's volume for you, say or tap Hey Google, change volume. If your phone is paired to more than one Bluetooth device, you can change where you hear music, videos, and games. Under "Media volume," tap Play media to. When you press a volume button, the volume that changes depends on what you're doing. For example, if you're watching a movie, the movie volume changes. If you press your volume buttons when you're not listening to anything, your media volume changes. Turn on vibrate or mute Press a volume button. At the right, above the slider, tap Ring . To turn on vibrate, tap Vibrate . To mute, tap Mute . Tips: To turn the ring or sound back on your phone, turn off Vibrate or turn on Ring . To silence your phone's ring when you receive a call, press a volume button. Make all phone calls vibrate Press a volume button. At the right, tap the Menu . If needed, tap See more. Turn on Vibrate for calls. Or tap Vibration & haptics Vibrate for calls Turn on Always vibrate. Change ringtones Change your ringtone Open your phone's Settings app. Tap Sound & vibration Phone ringtone. Pick a ringtone. Tap Save. Change other sounds & vibrations Choose keyboard sounds & vibrations When you type, you can turn the keyboard vibration feedback on or off. To turn the keyboard vibration on or off: Open your phone's Settings app. Tap Sound & vibration Vibration & haptics. Turn Keyboard vibration on or off. Tip: To adjust your Gboard settings, touch and hold the comma button or tap Settings . Change emergency broadcast settings You can turn alert types on or off, find past alerts, and control sound and vibration. On your phone, open the Settings app. Tap Notifications Wireless emergency alerts. Choose how often you want to receive alerts and which settings you want to turn on. You can use this setting to manage certain emergency messages, like disaster warnings, threat notifications, and AMBER alerts. If you use an older Android version Change what happens when you press Power + Volume up Open your phone's Settings app. Tap Sound Shortcut to prevent ringing. Tap Press Power & Volume Up together. Choose what happens: Vibrate: Phone calls and notifications vibrate Mute: Phone calls and notifications are silent Do nothing Turn your volume up or down Press a volume button. At the right, tap the Down arrow . Choose the volume type: Media (music, videos, games, other media) Ring (calls, notifications) Alarm Tip: You can also change volumes from your Settings app Sound. Turn on vibrate To have your phone vibrate only (not make sounds), press and hold the volume down button until your phone vibrates. If your media volume gets turned down instead: At the right, tap the Down arrow . Slide "Ring" all the way to the left. Tip: When your phone is in vibrate mode, you'll see Vibrate . Related resources Post to the help community Get answers from community members SearchClear searchClose searchGoogle appsMain menu You can make and change alarms in the Clock app on your Android device, Pixel phone, or Pixel Tablet. Set alarm time Open your device's Clock app . Tap Alarm. Pick an alarm. To add an alarm, tap Add . To edit an existing alarm time, tap on its current time. Set the alarm time. On the analog clock: Slide the hand to the hour you want. Then slide the hand to the minutes you want. On the digital clock: Enter the hour and minutes you want. With the 12-hour format: Tap AM or PM. Tap OK. Turn alarm on or off Open your device's Clock app . Tap Alarm. On the alarm you want, tap the On/Off switch. Tip: If the alarm is set to repeat, this turns all repeats on or off. Cancel or delete alarm Open your device's Clock app . Tap Alarm. On the alarm you want, tap the Down arrow . Cancel: Turn the switch on or off. Delete: To permanently delete the alarm, tap Delete. Change alarm sound or song Open your device's Clock app . Tap Alarm. On the alarm you want, tap the Down arrow . Tap the current sound's name. Choose a sound: Pick a sound from the list: Tap it. Use your own sound file: If you've downloaded a sound file to your device, tap Add new Your sound file. Learn where to find your files. If you haven't yet, download the YouTube Music, Pandora, or Spotify app. Learn how to download apps. Open the app and sign in to your account. Learn how to open apps. Open your device's Clock app . Tap Alarm. On the alarm you want, tap the Down arrow . Tap the current sound's name. Next to "Sounds," tap YouTube Music, Pandora, or Spotify. If these options aren't available, tap More and install a music app. Find a song you want to use, then tap it. YouTube: To choose a song or album, use a premium account. No-charge accounts don't work with Clock. Pandora (US only): To choose a song, use a premium account. Plus and no-charge accounts can choose stations. No-charge accounts might hear ads. Spotify: To choose a song, use a premium account. No-charge accounts can choose playlists and might hear ads. Change alarm name, repetition, or vibration Open your device's Clock app . Tap Alarm. On the alarm you want, tap the Down arrow . Name: To name the alarm, tap Add label. Repetition: To make the alarm repeat, tap the days of the week. Vibration: To turn alarm vibrations off or on, tap Vibrate. Snooze: To delay an alarm for 10 minutes, tap Snooze. Stop: To stop an alarm, tap Stop. Tip: You can change your snooze time and set your device's volume buttons to snooze or dismiss alarms. Learn how to change your Clock app settings. Display weather updates in the Clock app To show weather conditions in the city you're in, your device needs access to your location. You can provide location permissions in the Clock app's settings. Open your device's Clock app . Tap More Settings Local weather on clock Continue Allow all the time. You can see weather info when your alarm goes off. Open your device's Clock app . To add an alarm, at the bottom, tap Add . Select Weather forecast. When you stop your alarm, the forecast will display. Tip: Be sure your Clock app has access to your location. Set up a new Google Pixel Watch Set a bedtime schedule You can set alarms and use the timer and stopwatch on your smartwatch. If your watch and your phone are synced, alarms set on your phone also go off on your watch. To open the list of apps, on your watch, press the Power button. Open the Alarm app . Pick the time you want. To set a repeating alarm, tap One time, pick the days, and swipe right. Tap Done . On your watch, open the Alarm app . To add a new alarm, tap Add . Pick the time you want. Choose options for the alarm: One time or repeating, sound and vibration. To save the alarm, tap Done . To delete the alarm, tap Delete . To open the list of apps, on your watch, press the Power button. Open the Alarm app . Pick the time you want. To set a repeating alarm, tap One time, pick the days, and swipe right. Tap Done . On your watch, open the Alarm app . Turn on or off the alarm you want. To remove the alarm completely, tap Delete . On your watch, open the Alarm app . Turn on or off the alarm you want. To remove the alarm completely, tap it tap Delete . On your watch, open the Alarm app . Turn on or off the alarm you want. To remove the alarm completely, tap Delete . Snooze: To delay an alarm for a short time after it goes off, tap Snooze . Dismiss: To dismiss an alarm when it goes off, swipe right or tap Alarm off . If your watch and your phone are synced, you can dismiss a timer on your phone from your watch. When your timer goes off, you'll see a notification on your watch. To dismiss the timer, swipe right. To open the list of apps, on your watch, press the Power button. Open the Timer app . Enter how long you want the timer to run. Tap Start . On your watch, open the Timer app . Pick a preset timer length, or scroll and tap Add to add a new timer length. Tap Start . To open the list of apps, on your watch, press the Power button. Open the Timer app . Enter how long you want the timer to run. Tap Start . After a timer starts: To pause a running timer, tap Pause . To reset a paused timer countdown, tap Reset . To resume a timer, tap Start . To delete a timer, tap Remove . If you exit the app while a timer is running, you can see the timer progress and come back later. To reopen the app, open your list of notifications and tap Timer Open. On your watch, open the Stopwatch app . Tap Start . After the stopwatch starts: To pause the stopwatch, tap Pause . To reset a paused stopwatch to zero, tap Reset . If you exit the app while the stopwatch is running, you can see the stopwatch progress and come back later. To reopen the app, open your list of notifications and tap Stopwatch Open. Post to the help community Get answers from community members You can change your clock's settings, including the date, time, and time zone. You can set how your alarms and timers work, and add clocks for other cities. Set date & time Change time and time zone Open your device's Clock app . Tap More Settings. To pick your home time zone: Tap Home time zone. To add a clock for home while in another time zone: Turn on Automatic home clock. To automatically update the time: Tap Change date & time Set time automatically. To set a time zone automatically: Tap Change date & time Time Zone turn on Set automatically. Important: Your device may use location to determine your time zone. If "Use location" is turned off, your device location won't be used to detect your timezone. If "Use location" is turned on, your device location may be used to detect your timezone. Some devices only support using location to set the time zone, like Wifi-only tablets. These don't have a "Use location" setting. To set a time zone manually: Tap Change date & time Time zone. If present: Turn off Set automatically. Tap Time zone and select your time zone. Tip: Only some devices let you automatically set the time zone. Change alarm settings Open your device's Clock app . Tap More Settings. Under "Alarms": Choose how long your alarm rings: Tap Silence after. Choose how long "snoozing" delays an alarm: Tap Snooze length. Change your alarm's volume: Use the "Alarm volume" slider. Have an alarm become louder over time: Tap Gradually increase volume. Choose what the volume buttons do: Tap Volume buttons. They can control volume, snooze an alarm, or dismiss an alarm. Pick what day your week starts on: Tap Start week on. Change timer settings Open your device's Clock app . Tap More Settings. Under "Timers": Pick the ringtone that plays when the timer ends: Tap Timer sound. Make the timer sound become louder over time, Tap Gradually increase volume. Have the timer vibrate: Tap Timer vibrate. Tip: Not all devices have a timer vibrate option. Add clocks for other cities Open your device's Clock app . Tap Clock. At the bottom, tap Add . Type the name of a city in the search bar, then tap the city you want to add. Reorder a city: Touch and hold a city, then move it up or down in the list. Delete a city: Swipe to the left or right on the city you want to delete. Related resources Set, cancel or snooze alarms on your Android device Change your clock's display